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# 6-Alkoxyisoindolin-1-one based dopamine $D_2$ partial agonists as potential antipsychotics

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#### ABSTRACT

A series of 6-alkoxyisoindolin-1-ones with a magic shotgun pharmacological profile are presented as potential antipsychotics. The in vitro pharmacological profile includes  $D_2$  partial agonism (30–55%), 5-HT<sub>1A</sub> partial agonism (60–90%), and 5-HT<sub>2A</sub> antagonism. Selected compounds in this series displayed good in vivo activity and potency.

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Schizophrenia is a mental disorder that is characterized by positive symptoms such as delusions, hallucinations and disorganized speech/behavior. Negative symptoms include apathy, withdrawal, anhedonia, and impaired attention. The atypical antipsychotics (risperidone, olanzapine, quetiapine and ziprasidone) are currently first-line therapeutics for schizophrenia. One of the newest antipsychotics to make its way to the market is aripiprazole (1, Abilify™), which was discovered by Otsuka² and introduced to the market by Bristol-Myers Squibb in 2002.3 It has a different mechanism of action from the atypicals in that it is a D<sub>2</sub> partial agonist rather than an antagonist.<sup>4</sup> A partial agonist can uniquely moderate dopamine tone. It can act as an agonist on pre-synaptic autoreceptors, which have a high receptor reserve, and as an antagonist on D<sub>2</sub> post-synaptic receptors, where significant levels of endogenous dopamine exist and there is no receptor reserve.<sup>5</sup> The weak intrinsic agonist activity (IA) of 30% for aripiprazole prevents D<sub>2</sub> blockade from rising above 70%, which is still sufficient to achieve the 65% D<sub>2</sub> occupancy needed for a clinical response, but below the 80% D<sub>2</sub> occupancy where extrapyramidal side effects (EPS) are observed.<sup>6</sup> As well, this mechanism may provide for better subjective tolerability of treatment.<sup>7</sup> Consistent with this partial agonist mechanism, EPS was rarely observed with aripip-

B-ring
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$$A-ring = X = X = X = X$$
isoindolin-1-one

In this Letter we present the in vitro and in vivo activity of 6-alkoxyisoindolin-1-ones based compound (2) as potential antipsychotics. Our target pharmacological profile was dopamine  $D_2$  partial agonism (IA of 30–55%),<sup>11</sup> serotonin 5-HT<sub>1A</sub> partial agonism (60–90%),<sup>12</sup> and serotonin 5-HT<sub>2A</sub> antagonism.<sup>13,14</sup> We targeted a higher affinity at 5-HT<sub>2A</sub> and 5-HT<sub>1A</sub> versus  $D_2$  to ensure maximal occupancy of several receptors when efficacious levels of  $D_2$ 

razole, even when striatal  $D_2$  receptor occupancy values were above 90%.<sup>8</sup> Aripiprazole can be considered an atypical antipsychotic, since it is also an antagonist at 5-HT<sub>2A</sub> receptors.<sup>9</sup> It is also a partial agonist at 5-HT<sub>1A</sub> receptors which may provide some benefit against some of the negative symptoms of schizophrenia.<sup>10</sup> Clinical studies have demonstrated that aripiprazole is well tolerated and does not significantly induce EPS, weight gain, QT prolongation or increase plasma prolactin levels.<sup>5</sup>

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**Scheme 1.** General synthetic scheme.

Figure 1. A-rings.

Table 1 In vitro activity of 5-alkoxyisoindoline and 6-alkoxyisoindolin-1-one based B-rings

$$\begin{array}{c|c} Ar & N & n = 1 \\ \hline A-ring & B-ring \end{array}$$

Compd	A- ring	n	Y	D <sub>2</sub> : K <sub>i</sub> (nM)	5-HT <sub>2A</sub> : <i>K</i> <sub>i</sub> (nM)	5-HT <sub>1A</sub> (1): <i>K</i> <sub>i</sub> (nM)	5-HT <sub>1A</sub> (2): K <sub>i</sub> (nM)	D <sub>2</sub> % IA (TU)	D <sub>2</sub> % IA (FLPR)	5-HT <sub>1A</sub> % IA (TU)	5-HT <sub>1A</sub> % IA (FLPR)	DOF: K <sub>i</sub> (nM)
1				4	4	7			29		43	598
7	C	1	$CH_2$	34	1.76	0.149	NT	27.8	NT	77.8	NT	779
8	C	2	$CH_2$	40.7	5.07	0.204	NT	35.3	NT	NT	NT	1560
9	D	1	$CH_2$	24.7	0.72	0.102	NT	41.3	NT	73.3	NT	931
10	D	2	$CH_2$	80.7	0.483	0.243	NT	58.7	NT	NT	NT	1680
11	C	1	C=0	16.3	14.9	0.0152	0.541	38.3	35.2	88.8	65.9	2810
12	C	2	C=0	7.39	4.95	0.151	2.22	55.3	32.1	66.7	NT	1850
13	D	1	C=0	27.8	3.37	0.0447	NT		59.1	NT	NT	3610
14	D	2	C=0	33.8	11.4	0.838	NT	21.3	53.9	NT	NT	NT

**Table 2** In vitro activity of 6-alkoxyisoindolin-1-one based compounds

Compd	A-ring	n	D <sub>2</sub> : K <sub>i</sub> (nM)	5-HT <sub>2A</sub> : <i>K</i> <sub>i</sub> (nM)	5-HT <sub>1A</sub> (1): <i>K</i> <sub>i</sub> (nM)	5-HT <sub>1A</sub> (2): K <sub>i</sub> (nM)	D <sub>2</sub> % IA (TU)	D <sub>2</sub> % IA (FLPR)	DOF: K <sub>i</sub> (nM)
15	С	1	16.3	14.9	0.0152	0.541	38.3	35.2	2810
12	С	2	7.39	4.95	0.151	2.22	55.3	32.1	1850
16	D	1	27.8	3.37	0.0447	NT	NT	59.1	3610
17	D	2	33.8	11.4	0.838	NT	21.3	53.9	NT
18	E	1	13.6	11.3	0.0141	NT	51.5	NT	1290
19	E	2	3.18	1.83	0.0504	0.951	50	38.2	2060
20	F	1	44.5	3.54	1.54	NT	NT	NT	439
21	F	2	58	9.53	13.4	NT	NT	NT	969
22	G	1	10.2	20.1	0.179	NT	NT	NT	907
23	G	2	8.23	7.91	1.3	NT	54.7	29.2	1860
24	Н	1	0.302	3.16	NT	>4.04	NT	31.1	NT
25	Н	2	0.0575	10.1	NT	0.74	NT	NT	NT
26	I	1	12.1	4.29	NT	1.46	NT	NT	NT
27	I	2	2.08	53.4	NT	1.45	NT	NT	NT
28	J	2	0.575	126	NT	6.88	NT	NT	NT
29	K	1	2.63	4.86	NT	0.269	NT	46.8	NT
30	K	2	1.54	3.35	NT	1.92	NT	NT	NT
31	L	1	4.47	25.3	NT	0.0501	NT	NT	NT
32	L	2	0.576	17.1	NT	0.863	NT	NT	NT
33	M	1	290	11.1	0.108	NT	NT	NT	NT
34	M	2	22.3	5.44	0.279	NT	39.2	NT	NT
35	N	2	11.5	11.2	1.99	NT	22.3	14.3	NT

occupancy were achieved. In vivo  $D_2$  intrinsic activity (IA) was determined by blockade of the  $\gamma$ -butyrolactone (GBL)-induced increase in DOPA synthesis in mice. <sup>15</sup> Two primary behavioral models were used to evaluate compounds. Inhibition of spontaneous locomotor activity (sLMA) predicted efficacy for the positive symptoms of schizophrenia <sup>16</sup> and induction of catalepsy benchmarked the liability for extrapyramidal motor side-effects. <sup>17</sup>  $D_2$  ex vivo binding was used to measure target occupancy for selected compounds in rat brain.

The general synthetic approach to isoindolin-1-one based compounds is shown in Scheme 1. The synthesis begins with alkylation of the hydroxyisoindolin-1-one core (3)<sup>18</sup> to install the 3- or 4-carbon linker followed by coupling to selected arylpiperazines to afford analogs 5.<sup>19</sup> Figure 1 depicts the A-rings utilized to prepare the selected analogs.

Our initial investigations began with exploration of the 5-alk-oxyisoindoline B-ring (Table 1, compounds **7–10**). We selected the napthyl-based A-rings ( $\bf C$  and  $\bf D$ ) as we knew these conferred variety of unique 5-HT pharmacology to the template. The compounds in this series (**7–10**) had a desirable in vitro binding and functional profile at  $\bf D_2$ , 5-HT<sub>2A</sub> and 5-HT<sub>1A</sub> but were weaker with respect to  $\bf D_2$  binding (Table 1).

We next investigated the 6-alkoxyisoindolin-1-one B-ring (Table 1, Y = CH<sub>2</sub>, compounds **11–14**). The initial compounds in this series had overall good in vitro binding and functional activity. These compounds also displayed favorable  $\geqslant 1$  D<sub>2</sub>/5-HT<sub>2A</sub> ratio and had relatively low affinity in a dofetilide based assay to predict hERG liability. Encouraged by the initial **4** compounds in this series we chose to investigate a larger set of A-rings (Table 2). The most potent analogs at D<sub>2</sub> were those with 6,5-based A-rings (**H, I, J**) but the 6,6-based A-rings had a more desirable D<sub>2</sub>/5-HT<sub>2A</sub> ratio of >1 (Fig. 1).

In order to try and improve overall potency and/or the  $D_2/5$ - $HT_{2A}$  and  $D_2/5$ - $HT_{1A}$  ratios we next examined SAR of flouro, chloro and methyl substitution flanking the phenolic position (5- and 7-position, Table 3) of the isoindole B-ring. We chose to examine only a couple of different A-rings ( $\bf C$ ,  $\bf D$ ,  $\bf E$ , and  $\bf F$ ) with these substituted B-rings. This provided compounds with generally good in vitro potency. Although, compounds with substitution on the 7-position of the isoindole ring generally had better affinity for 5- $HT_{2A}$  and therefore provided a more attractive  $D_2/5$ - $HT_{2A}$  ratio. Of the compounds tested in the  $D_2$  functional assay, most had IA within our targeted range (IA of 30–55%). These substituted analogs, with an additional lipophilic atom on the isoindole ring, did not display profiles any better than the unsubstituted parent.

During or investigations we discovered that some of the compounds had significant activity as serotonin reuptake inhibitors (SRI, Table 4). We believe that addition of SRI activity to this class of compounds could have beneficial effects against the negative symptoms of schizophrenia.<sup>20</sup> A general trend is that compounds with a 3-carbon linker have better SRI potency than those with a 4-carbon linker.

The most optimally balanced profile in this series was achieved with compounds 12 and 19 and these were chosen for in vivo functional and behavioral studies (see Table 4). Both these compounds had good potency at  $D_2$  and they both have  $D_2/5$ -HT $_{2A}$  and  $D_2/5$ -HT $_{1A}$  ratios >1. In addition, they both had desirable in vitro  $D_2$  IA. The ability of these  $D_2$  receptor partial agonists to block the GBL-induced increase in DOPA synthesis in the mouse brain was used to measure in vivo dopamine autoreceptor agonist intrinsic activity (Walters and Roth, 1976). This assay established that the  $D_2$  IA of 12 and 19 is 12 and 19 is 12 and 12 and 13 are sessible in the sLMA behavioral model, which is predictive of human antipsychotic efficacy. sLMA behavior is driven, at least in part, by endogenous dopaminergic tone.

**Table 3** In vitro activity of substituted 6-alkoxyisoindolin-1-one based B-rings

			A-II	ng		D-IIII	9	
Co	mpd	A-ring	n	B-ring	D <sub>2</sub> : K <sub>i</sub> (nM)	5-HT <sub>2A</sub> : <i>K</i> <sub>i</sub> (nM)	5-HT <sub>1A</sub> (2): K <sub>i</sub> (nM)	D <sub>2</sub> % IA (FLPR)
36		С	1	7-F	13.8	2.21	0.128	NT
37		C	2	7-F	22.3	1.08	3.62	NT
38		E	1	7-F	5.49	3.45	< 0.140	52.6
39		E	2	7-F	35.2	0.568	2.09	NT
40		D	1	7-F	10.3	0.904	<0.205	53.6
41		D	2	7-F	5.75	2.1	4.56	40.3
42		F	1	7-F	8.59	5.41	3.04	29.9
43		F	2	7-F	15.8	3.07	5.01	NT
44		C	1	5-F	8.92	32.1	0.671	40.3
45		C	2	5-F	0.877	13	0.637	NT
46		E	1	5-F	9.54	1.19	<0.521	55.3
47		E	2	5-F	1.41	3.49	0.118	68
48		D	1	5-F	5.81	2.68	0.341	72
49		D	2	5-F	11.2	10	1.77	NT
50		F	1	5-F	1.86	38.5	0.88	NT
51		F	2	5-F	0.891	13.8	2.71	NT
52		C	1	7-Cl	10.6	2.06	0.786	NT
53		E	1	7-Cl	9.01	3.55	0.312	NT
54		E	2	7-Cl	9.86	1.13	4.25	NT
55		C	1	5-Cl	51.6	34.4	0.814	NT
56		C	2	5-Cl	9.31	24.7	2.34	NT
57		E	1	5-Cl	24.5	8.84	0.859	NT
58		E	2	5-Cl	5.91	25.3	1.68	NT
59		C	1	7-Me	6.81	9.43	0.615	NT
60		C	2	7-Me	13.1	1.26	3.22	NT
61		E	1 2	7-Me	13.6	16.1	2.13	NT
62		E	1	7-Me	3.03	3.85	2.61	NT
63		F F	2	7-Me	1.7	12.5	1.08	NT
64			1	7-Me	9.44	14	17.5 0.67	NT
65 66		C C	2	5-Me 5-Me	21.8 2.46	55.9 36.8	0.67	NT NT
67		E	1	5-Me	16.6	65.7	1.44	NT
68		E	2	5-Me	2.34	55	3.61	NT
69		F	1	5-Me	3.81	52	0.517	NT
70		F	2	5-Me	0.812	29.5	1.98	NT
70		1	2	J-IVIE	0.012	23.3	1.50	141

**Table 4**SRI activity 6-alkoxyisoindolin-1-one based compounds

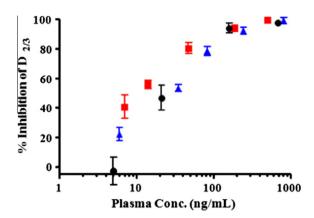
Compd	SERT SPA: $K_i^a$ (nM)	SERT: K <sub>i</sub> <sup>b</sup> (nM)	Compd	SERT SPA: $K_i^a$ (nM)	SERT: Ki <sup>b</sup> (nM)
12	445	16.5	53	230	NT
19	NT	26	54	213	NT
36	NT	84.7	55	67.7	NT
37	NT	2520	56	96.3	NT
38	NT	160	57	20.2	NT
39	48.1	57.2	58	45.6	NT
40	447	1770	59	194	NT
41	NT	259	60	388	NT
42	24.7	37.4	61	437	NT
43	NT	2720	62	292	NT
44	NT	54.6	63	21.4	NT
45	NT	30.8	64	47	NT
46	NT	15.6	65	1040	NT
47	42.6	10.5	66	504	NT
48	419	13.6	67	174	NT
49	NT	110	68	118	NT
50	9.22	22.2	69	13.6	NT
51	13	9.1	70	8.81	NT
52	104	NT			

<sup>&</sup>lt;sup>a</sup> 3H-citalopram binding to human serotonin transporter expressed in HEK 293 cells scintillation proximity assay (SPA).

b 3H-citalopram binding to human serotonin transporter expressed in HEK 293 cells

**Table 5** In vivo and ADME data of  $\bf{1}$ ,  $\bf{12}$  and  $\bf{19}^{21}$ 

Compd	1	12	19
In vivo D2 intrinsic activity @ 30 mg/kg, PO sLMA MED (mg/kg, PO) c log P	43 ± 2 3 4.4	43 ± 2 1 4.74	60 ± 8 1 4.89
HLM Clint, app (mL/min/kg)	31.7	23.7	39.6



**Figure 2.** Effect of **1** (black circles), **12** (red squares) and **19** (blue triangles) on percent inhibition of ex vivo binding to  $D_2$  receptors in rat striatum. Symbols represent mean percent inhibition of ex vivo [ $^{3}$ H]-raclopride binding in striatum + SEM. N = 4-5 rats per treatment group.

manner with a minimum effective dose (MED) of 1 mg/kg (Table 5). Preclinical measurement of catalepsy, which is an akinetic Parkinsonian-like state resulting from the prolonged blockade of dopaminergic neurotransmission, is useful for predicting the potential of antipsychotic drugs to produce EPS. When tested at 10 and 30 mg/kg, PO which is  $10\times$  and  $30\times$  the MED in sLMA, **19** did not satisfy the criteria for a cataleptic response. This compares to **1** which did cause catalepsy at 30 mg/kg.

An ex vivo D<sub>2</sub> binding assay with [<sup>3</sup>H]-raclopride as a tracer was used to determine drug binding to the D<sub>2</sub> receptor in the striatum of rats (Fig. 2). The dosing regimen for these experiments was 0.3, 1.0, 3.0, 10.0, and 30 mg/kg, PO. It was important for our compounds to achieve high receptor occupancy with relatively low plasma concentrations. Compound 12 achieved 80% and 94% RO at plasma concentrations of 47 and 188 ng/mL, respectively, while compound 19 achieved 78.5% and 92.3% RO at plasma concentrations of 82 and 243 ng/mL, respectively. In comparison, aripiprazole (1) achieved 46% and 94% RO at plasma concentrations of 21 and 158 ng/mL, respectively. Both 12 and 19 had good brain/plasma ratios (2.49 and 1.81). The sLMA MED for was 1 mg/kg, PO for 12 and 19 which corresponded to D<sub>2</sub> RO of 55% and 53%, respectively. Compound 19 was tested in for catalepsy at a high dose of 30 mg/kg which correlated with 99% D<sub>2</sub> RO and 23× the plasma exposure needed to achieve the MED in sLMA. This compares to 1 which caused catalepsy at 30 mg/kg.

In conclusion, we have shown that a 6-alkoxyisoindolin-1-ones-based series of compounds display desirable in vitro pharmacological profiles with potent dopamine  $D_2$  partial agonism (30–55%), serotonin 5-HT<sub>1A</sub> partial agonism (60–90%),<sup>22</sup> and serotonin 5-HT<sub>2A</sub> antagonism. Selected compounds in this series (**12** and **19**) displayed good in vivo activity (GBL and sLMA) and potency in an ex vivo binding  $D_2$  binding assay. We believe the pharmacological profiles of **12** and **19**, especially the high affinity at 5-HT<sub>2A</sub> and

5-HT<sub>1A</sub> receptors compared to D<sub>2</sub>, may provide a benefit in the treatment of negative symptoms, while maintaining antipsychotic activity against positive symptoms in patients with schizophrenia.

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- Binding assay: 5-HT<sub>1A</sub> (1): Competition binding of test compounds to h5-HT<sub>1A</sub> receptors was conducted in membranes prepared from HeLa cells transfected with the cDNA for h5-HT<sub>1A</sub> receptors using [<sup>3</sup>H] 8-OH-DPAT as the receptor agonist. Or, 5-HT<sub>1A</sub> (2): SPA bead/membrane based assay.
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- Binding assay: Competition binding of test compounds to h5-HT<sub>1A</sub> receptors
  was conducted in membranes prepared from HeLa cells transfected with the
  cDNA for h5-HT<sub>1A</sub> receptors using [<sup>3</sup>H] 8-OH-DPAT as the receptor agonist. Or,
  SPA bead/membrane based assay.